

THE ART OF PRAISE

FOUR WEEK LIFE GROUP STUDY GUIDE



 GRACE ROAD
C H U R C H



WEEK ONE GOD'S BENEFITS PACKAGE

Bless the Lord, O my soul; And all that is within me, bless His holy name! Bless the Lord, O my soul, And forget not all His benefits: Who forgives all your iniquities, Who heals all your diseases, Who redeems your life from destruction, Who crowns you with lovingkindness and tender mercies, Who satisfies your mouth with good thing, So that your youth is renewed like the eagle's. Matthew 5:11-12

PRAISE IS A CHOICE

Circumstances change all the time. Sometimes we feel good about what's happening, and other times we may not. When it comes to praising God, we have something much deeper and meaningful that is worthy of our praise no matter what is going on around us.

Why was David able to praise God despite his current circumstances? What is the human soul and how does genuine praise make our souls more spiritually healthy?

FORGIVEN OF ALL SINS

Forgiveness is one of many incredible spiritual blessing every believer enjoys. Many people struggle to believe they are truly forgiven, which will always block their ability to experience the fruit of Joy.

What does the term "total forgiveness" mean? What must happen in order for a saved person to be forgiven when they sin after salvation?

HEALED FROM EVERY DISEASE

Healing is promised to every believer. Not just partial healing. The psalmist

writes that God heals "all your diseases."

How can we be certain that God is our healer? Should we believe that God will heal whatever disease may currently inflict our body? Why does the bible say we are healed when many believers have died from disease?

REDEEMED FROM DESTRUCTION

There are many dangers in this life. From unexpected circumstances to evil people plotting to harm others, we are faced with potential destruction every day. If you're reading these words, you've been spared from every danger!

Can you recall a dangerous situation from which you were spared by God? How does it make you feel to know that God has most certainly preserved your life up to this point?

CROWNED WITH LOVINGKINDNESS & TENDER MERCIES

God is powerful but also very kind. The psalmist rejoices over this fact.

What does it mean to be crowned with lovingkindness? What would life be like if God dealt with us based on what we deserve?

SATISFIED WITH GOOD THINGS

It's important to understand the heart of God towards His children. He desires to bless you with good things all the days of your life.

Why do some Christians have a hard time believing God wants to bless them with good things? When you take an inventory over your life, can you see the many ways you've been blessed? How does it make you feel about God to know you're blessed?